

# March

## Moody Civic Center Group Fitness Calendar

# 2020

\$2 per class for all Civic Center Members  
 \$5 per class for all Nonmembers  
 Class Cards are for Members only \$30 for 20 visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 5:30p: Dance Fitness 5:30p: Spin (Maggie) 6:30p: Boot Camp	3 10:30a: Seniors 5:30p: Yoga (Maggie) 6:30p: Tabata	4 6:15a: Spin (Tom) 5:30p: Yoga (Maggie) 6:30p: Spin (Maggie) 6:30p: Dance Fitness	5 10:30a: Seniors 5:30p: Dance Fitness 6:30p: Yoga (Tom)	6 10:30a: Seniors	7 8:30a: Boot Camp
8	9 5:30p: Dance Fitness 5:30p: Spin (Maggie) 6:30p: Boot Camp	10 10:30a: Seniors 5:30p: Yoga (Maggie) 6:30p: Tabata	11 6:15a: Spin (Tom) 5:30p: Yoga (Maggie) 6:30p: Spin (Maggie) 6:30p: Dance Fitness	12 10:30a: Seniors 5:30p: Dance Fitness 6:30p: Yoga (Tom)	13 10:30a: Seniors	14 8:30a: Boot Camp
15	16 5:30p: Dance Fitness 5:30p: Spin (Maggie) 6:30p: Boot Camp	17 10:30a: Seniors 12:00 pm: Civic Center Closed Until Further Notice	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### Civic Center News & Updates:

- SilverSneakers Members: Senior Fitness Class is FREE
- RenewActive Members: Senior Fitness Class is FREE
- March 3<sup>rd</sup> – Alabama Primary in Gym 2 from 7:00 am to 7:00 pm
- March 14<sup>th</sup> – Moody Lions Club presents Terry Padgett as “Elvis”. Doors open at 6:00 pm. Dinner by Bluegrass BBQ and a concert for \$20. Call 205-492-5361 for tickets or information.
- **\*\*Civic Center will close 2/17/20 at 12:00 pm until further notice\*\***  
**\*\*Check our website or Facebook page for when we will reopen\*\***
- Upcoming Events in April:
  - \*\*MHS \$10,000 Giveaway – 4/4\*\*
  - \*\*Scrapbook Princess Scrap Camp – 4/16 to 4/18\*\*
  - \*\*LadyBUGS Fashion Show – 4/21\*\*
- Check us out on Facebook!!  
[www.facebook.com/moodyalabamaciviccenter](http://www.facebook.com/moodyalabamaciviccenter)

### Civic Center Instructors

Boot Camp: Lori Franklin  
 Dance Fitness: Sharon Harris  
 Senior Fitness: Trish Kelly  
 Spin: Tom Olive & Maggie Tucker  
 Tabata: Maggie Tucker  
 Yoga: Tom Olive & Maggie Tucker

Moody Civic Center  
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[www.moodyciviccenter.com](http://www.moodyciviccenter.com)